

For the office of: Sue Mulcahey, DC, LLC
NEW PATIENT INFORMATION

Welcome! Please allow our staff to photocopy your driver's license & insurance card (if applicable)

Please print and fill in all of the blanks.

Today's Date _____

Name _____ Nickname/Preferred Name _____

Age _____ Male or Female _____ Person responsible for account? _____

Address _____ City _____ State _____ Zip _____

Home phone (____) _____ Work Phone (____) _____ Ext. _____

Cell phone (____) _____ Best number to contact you? Home Work Cell

May we leave voicemail on Home/Cell phone Circle YES NO *Permission can be changed at any time.

Date of Birth ____/____/____ Social Security Number ____-____-____

Status [] Married—Spouse's name _____ [] Single [] Divorced [] Widowed

Are you a student? Circle YES NO If yes, full time or part time? _____

Patient's Employer _____ Full Address _____

Occupation _____ [] Full time [] Part time [] Disability [] Retired

Work activity [] Heavy lifting [] Light Labor [] Mostly sitting [] Walking/moving [] Driving

Emergency Contact _____ Your relationship _____ Phone _____

Email Address _____ @ _____ Signature _____

(By my signature above, I give this office permission to contact me through electronic mail. Emails are used for communication purposes only (if needed) and we will send you a monthly newsletter.

Information if the patient is not the guarantor of the insurance policy:

Insured's Name _____ Insured's Phone _____

What is your relationship to the insured? _____

Insured's Full Address _____

Insured's Date of Birth ____/____/____ Insured's SS# ____-____-____

Insured's Employer _____ Address _____

Information about your Primary Care Doctor:

Name of Family Doctor _____ Phone _____

Address _____ City _____ State _____ Zip _____

Do we have your permission to contact this doctor to share information and to let them know your progress with chiropractic care? Circle one: YES NO

How did you hear about this office? _____

Please read before signing:

We appreciate that you have chosen us for your health care needs. If there is insurance coverage that will be submitted for processing for treatment and services received at this practice, patient understands that insurance benefits are not guaranteed and coverage for payment is determined when claims are received and processed. Any verification of benefits provided is only an estimate of coverage. We will try to verify your insurance coverage and benefits for you, however we cannot guarantee the accuracy of what someone from your insurance company may tell us. Patients are encouraged to contact insurance payers directly to learn more about your individual policy benefits and limitations. Please sign below to acknowledge patient responsibility for the patient portion of insurance charges and/or payment in full for non-covered items or services. If there is no insurance coverage, patient is responsible for the balance due for services at the time of service for each visit.

Signature _____ Date _____

Patient Name _____

Patient Health Survey

Circle yes or no to the following conditions that apply to you.

When applicable, give explanations on the line provided. All information that you provide is confidential.

Yes No List any allergies/sensitivities to medications or ointments _____

Yes No Weight change (loss or gain) more than 10 lbs. in past year _____

Yes No Have you seen a doctor in past year other than for cold/flu? _____

Yes No List hospitalizations in past five years _____

Yes No Has a doctor recommended any tests/surgeries in past five years? _____

Yes No When was your last chiropractic visit? _____

Yes No Fever, chills, night sweats, dizziness, fainting, shortness of breath _____

Yes No Head, neck, ear or eye pain, headaches or ringing in the ears _____

Yes No Bleeding disorders, arthritis, leukemia or skin disorder _____

Yes No Neck problems, swallowing difficulties, thyroid condition _____

Yes No Hoarseness, sore throat, allergies, regular colds, flu or asthma _____

Yes No Injury to the neck, whiplash, pinched nerves or numbness of neck _____

Yes No Chest pain, heart problems, irregular beats, pacemaker, stroke _____

Yes No Lung problems, congestion, cancer, tuberculosis or lung disease _____

Yes No Do you smoke? _____ If yes, how many packs per day? _____

Yes No Alcoholism or drug addiction to social or prescription drugs _____

Yes No Nausea, vomiting, ulcers, colitis, spastic colon or diverticulitis _____

Yes No Gallbladder, pancreas, liver or other digestive condition _____

Yes No Hemorrhoids, rectal bleeding or frequent constipation or diarrhea _____

Yes No Male/female genital disorders, surgeries, diseases, sexual problems, prostate problems _____

Yes No Fatigue, anxiety, depression _____

Yes No Diabetes (Type 1 or Type 2) kidney problems _____

Yes No Any fractured or broken bones _____

Yes No Malformation of any bones or joints _____

Yes No Injury to the mid back, pinched nerves or severe muscle spasms _____

Yes No Scoliosis, curvature of the spine or structural problems _____

Yes No Injury or tendonitis of shoulder, elbow, wrist, hand or fingers _____

Yes No Carpal tunnel syndrome, rotator cuff, bursitis or tennis elbow _____

Yes No Foot problems, deformities, surgeries to the feet or ankles _____

Yes No Venereal diseases, HIV/AIDS, herpes, hepatitis, other communicable disease _____

Yes No Any work related injuries pending now or in the past _____

Yes No Have you ever had a disability rating for an injury in the past? _____

Yes No Any condition, surgery or disease not described above _____

Explain any "yes" answers and list any other health related conditions or problems that we should know about:

Signature _____ Date _____

Patient Name _____

Explain your use of the following: (Circle answer)

Alcohol	Never	Seldom	Occasionally	Often	Daily	
Tobacco	Never	Seldom	[] _____	cigarettes	a day	
Social Drugs	Never	Seldom	Occasionally	Often	Daily	
Coffee	Never	Seldom	Occasionally	Often	Daily	_____ cups/day
Tea	Never	Seldom	Occasionally	Often	Daily	_____ cups/day
Soda	Never	Seldom	Occasionally	Often	Daily	_____ cans/day
Water	Never	Seldom	Occasionally	Often	Daily	_____ glasses/day
Exercise	Never	Light	Moderately	Heavy	_____	times a week Type _____
Stress Level	Extremely High	High	Moderate	Slight	None	

Describe any medications or vitamin/supplements that you are currently taking:

Name of medication	Dosage	Frequency	Reason for taking medication
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For use by doctor: Dates Med List was updated by patient: ___/___/___ Initial _____
___/___/___ Initial _____ ___/___/___ Initial _____ ___/___/___ Initial _____

List all surgeries that you have had in the past:

Type of surgery	When	Reason performed	Result
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Indicated which of the following test(s) you have had in the past:

X-rays _____	When _____	Where _____
CT scan or MRI _____	When _____	Where _____
Myelogram _____	When _____	Where _____
Ultrasound _____	When _____	Where _____

Indicate any or all treatments that you have already had for you present condition:

[] Prescription drugs [] Surgery [] Chiropractic care [] Physical Therapy

FOR WOMEN ONLY: Can you become pregnant? Circle Yes No

Date of your last mammogram _____ Date of your last pap smear _____

Are you now or is it possible that you are pregnant? Circle Yes No

Date of your last period _____ Any menstrual/hormone issues? _____

Signature _____ Date ___/___/___

Patient name _____

Family History: Identify conditions that you or any of your family members have now or have previously had. **PGM**=Paternal Grandmother **PGF**=Paternal Grandfather **F**=Father **M**=Mother **MGM**=Maternal Grandmother **MGF**= Maternal Grandfather **B**=Brother **S**=Sister **X**=Myself

Condition	Relation to you	Condition	Relation to you
Heart Disease	_____	Glaucoma	_____
Stroke	_____	Bleeding Disorders	_____
Diabetes (Type I or ??)	_____	Kidney Disease	_____
Deep Vein Thrombosis	_____	Thyroid Disease	_____
Cancer: Type _____	Type _____	Type _____	Type _____
Other conditions not listed _____			

Is your mother living? Age? _____ If no, her age at death _____ Cause of death _____
Is your father living? Age? _____ If no, his age at death _____ Cause of death _____

What activities of daily living are difficult for you to perform due to your condition?

- | | | |
|--|--|---|
| <input type="checkbox"/> Climbing stairs | <input type="checkbox"/> Standing for prolonged periods | <input type="checkbox"/> Pushing or pulling |
| <input type="checkbox"/> Lifting | <input type="checkbox"/> Getting in/out of auto or chair | <input type="checkbox"/> Kneeling |
| <input type="checkbox"/> Yard/outdoor work | <input type="checkbox"/> Household chores or light work | <input type="checkbox"/> Bending over |

List any additional information that may help us with your health care needs:

Tell us about why you made an appointment to see us today:

Health concern(s) today _____
When did symptoms begin? _____ What initiated symptoms? _____
Have you previously been treated by another provider? Yes or No Is so, by whom? _____
Treatment received: _____
Have you had any bad reactions to previous treatment? Yes No Explain _____
If this is a recurrence, when did you initially notice this problem? _____
Has it worsened over time? Circle: Yes No Same Better Worse _____
How long does it last? Circle: All Day Hours Minutes Other _____
Is this condition interfering with activities? Circle: Work Sleep Daily Routine Recreation Other _____
Describe your symptoms. (Circle all that apply) Pain Sharp Dull Numbness Tingling Aching Burning Stabbing Throbbing Stiffness Other: _____
What makes the problem worse? Circle: Standing Sitting Lying Bending Lifting Twisting Other _____
Does anything relieve your symptoms? Yes: _____ No, Nothing Helps
Do you have any other conditions/symptoms that may be related to current symptoms? _____
Have you ever been in an auto accident or other physical trauma? When? _____
Are you left or right handed? Circle LEFT RIGHT

What would you *like to be able to do* but are unable to do so now? _____

PRINT NAME OF PATIENT _____ DATE _____

Signature of patient (or parent/legal guardian) _____

Thank you for taking the time to complete this paperwork!

Informed Consent to Chiropractic Care
(Please read carefully before signing.)

Chiropractic Adjustment: The doctor will use her hands or a mechanical device in order to adjust your spinal joints. This procedure is called a spinal adjustment and is intended to reduce spinal subluxation (slight dislocation of the spinal joints). You may feel a 'click' or a 'pop' as well as a movement of the joint. Various ancillary procedures such as electric simulation therapy, traction or hot/cold packs may also be used.

Risks: As with any health care procedure, complications are possible following a chiropractic adjustment. Fracture of bone, muscular strain, ligament strain, dislocation of joints, injury to intervertebral discs, nerves or spinal cord are all rare occurrences and generally result from some underlying weakness of the bone or surrounding tissues. Usually, there is an underlying, pre-existing vascular condition like atherosclerosis that contributes in a stroke resulting after a neck adjustment. A minority of patients may notice stiffness or soreness after the first few days of treatment. We will not accept individuals for treatment unless we feel confident that we can safely help them.

Probability of Risks: The risks and complications of chiropractic care, acupuncture and massage have all been described as 'rare'. The risk of cerebrovascular injury or stroke has been estimated at one in one million to one in twenty million, and can be even further reduced by our screening procedures. The probability of adverse reaction due to ancillary procedures is also considered to be 'rare'.

Risks of remaining untreated: Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

I have had the following risks of my case explained to me. If you/and/or the individual listed below understand the above information, please sign below. This signature authorizes treatment, acknowledges Notice of Privacy Practices and also authorization to submit to insurances (if applicable). Patient or guardian understands that he/she is responsible for payment of all services.

Patient Authorization: I have read or have had read to me, the explanation of care offered at this facility. I have had the opportunity to have any questions answered. I have fully evaluated the risks and benefits of undergoing treatment and hereby give my full consent to the items mentioned above.

PRINT NAME of Patient (or Guardian of minor)

SIGNATURE of Patient (or Guardian of minor)

_____/_____/_____
Date

Neck Index **Name** _____ **Date** _____

This questionnaire is to see how your neck pain affects your everyday life. Please answer each section by marking the one statement that applies to you. If two or more statements in one section apply, mark the **one statement** that most closely describes your pain.

Pain Intensity

- 0. I have no pain at the moment.
- 1. The pain is very mild at the moment.
- 2. The pain comes and goes and is moderate.
- 3. The pain is fairly severe at the moment.
- 4. The pain is very severe at the moment.
- 5. The pain is the worst imaginable at the moment.

Personal Care

- 0. I can look after myself normally without causing extra pain.
- 1. I can look after myself normally but it causes extra pain.
- 2. It is painful to look after myself and I am slow and careful.
- 3. I need some help but I manage most of my personal care.
- 4. I need help every day in most aspects of my self care.
- 5. I do not get dressed, I wash with difficulty and stay in bed.

Sleeping

- 0. I have no trouble sleeping.
- 1. My sleep is slightly disturbed (less than 1 hour sleepless).
- 2. My sleep is mildly disturbed (1-2 hours sleepless).
- 3. My sleep is moderately disturbed (2-3 hours sleepless).
- 4. My sleep is greatly disturbed (3-5 hours sleepless).
- 5. My sleep is completely disturbed (5-7 hours sleepless).

Lifting

- 0. I can lift heavy weights without extra pain.
- 1. I can lift heavy weights but it causes extra pain.
- 2. Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g. on a table).
- 3. Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- 4. I can only lift very light weights.
- 5. I cannot lift or carry anything at all.

Reading

- 0. I can read as much as I want with no neck pain.
- 1. I can read as much as I want with slight neck pain.
- 2. I can read as much as I want with moderate neck pain.
- 3. I cannot read as much as I want because of moderate neck pain.
- 4. I can hardly read at all because of severe neck pain.
- 5. I cannot read at all because of neck pain.

Driving

- 0. I can drive my car without any neck pain.
- 1. I can drive my car as long as I want with slight neck pain.
- 2. I can drive my car as long as I want with moderate neck pain.
- 3. I cannot drive my car as long as I want because of moderate neck pain.
- 4. I can hardly drive at all because of severe neck pain.
- 5. I cannot drive my car at all because of neck pain.

Concentration

- 0. I can concentrate fully when I want with no difficulty.
- 1. I can concentrate fully when I want with slight difficulty.
- 2. I have a fair degree of difficulty concentrating when I want.
- 3. I have a lot of difficulty concentrating when I want.
- 4. I have a great deal of difficulty concentrating when I want.
- 5. I cannot concentrate at all.

Recreation

- 0. I am able to engage in all my recreation activities without neck pain.
- 1. I am able to engage in all my usual recreation activities with some neck pain.
- 2. I am able to engage in most but not all my usual recreation activities because of neck pain.
- 3. I am only able to engage in a few of my usual recreation activities because of neck pain.
- 4. I can hardly do any recreation activities because of neck pain.
- 5. I cannot do any recreation activities at all.

Work

- 0. I can do as much work as I want.
- 1. I can only do my usual work but no more.
- 2. I can only do most of my usual work but no more.
- 3. I cannot do my usual work.
- 4. I can hardly do any work at all.
- 5. I cannot do any work at all.

Headaches.

- 0. I have no headaches at all.
- 1. I have slight headaches which come infrequently.
- 2. I have moderate headaches which come infrequently.
- 3. I have moderate headaches which come frequently.
- 4. I have severe headaches which come frequently.
- 5. I have headaches almost all the time.

Back Index **Name** _____

Date _____

This questionnaire is to see how your back affects your everyday life. Please answer each section by marking the one statement that applies to you. If two or more statements in one section apply, mark the **one statement** that most closely describes your pain.

Pain Intensity

0. The pain comes and goes and is very mild.
1. The pain is mild and does not vary much.
2. The pain comes and goes and is moderate.
3. The pain is moderate and does not vary much.
4. The pain comes and goes and is very severe.
5. The pain is very severe and does not vary

Sleeping

0. I get no pain bed.
1. I get pain in bed but it does not prevent me from sleeping well.
2. Because of pain my normal sleep is reduced by less than 25%.
3. Because of pain my normal sleep is reduced by less than 50%.
4. Because of pain my normal sleep is reduced by less than 75%.
5. Pain prevents me from sleeping at all.

Sitting

0. I can sit in any chair as long as I like.
1. I can only sit in my favorite chair as long as I like.
2. Pain prevents me from sitting more than 1 hour.
3. Pain prevents me from sitting more than 1/2 hour.
4. Pain prevents me from sitting more than 10 minutes.
5. I avoid sitting because it increases pain immediately.

Standing

0. I can stand as long as I want without pain.
1. I have some pain while standing but it does not increase with time.
2. I cannot stand for longer than 1 hour without increasing pain.
3. I cannot stand for longer than 1/2 hour without increasing pain.
4. I cannot stand for longer than 10 minutes without increasing pain.
5. I avoid standing because it increases pain immediately.

Walking

0. I have no pain while walking.
1. I have some pain while walking but it doesn't increase with distance.
2. I cannot walk more than 1 mile without increasing pain.
3. I cannot walk more than 1/2 mile without increasing pain.
4. I cannot walk more than 1/4 mile without increasing pain.
5. I cannot walk at all without increasing pain.

Personal Care

0. I do not have to change my way of washing or dressing in order to avoid pain.
1. I do not normally change my way of washing or dressing even though it causes some pain.
2. Washing and dressing increases the pain, but I manage not to change my way of doing it.
3. Washing and dressing increases the pain and I find it necessary to change my way of doing it.
4. Because of pain, I am unable to do some washing and dressing without help.
5. Because of pain, I am unable to do any washing or dressing without help.

Lifting

0. I can lift heavy weights without extra pain.
1. I can lift heavy weights but it causes extra pain.
2. Pain prevents me from lifting heavy weights off the floor.
3. Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g. on a table).
4. Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
5. I can only lift very light weights.

Traveling

0. I get no pain while traveling.
1. I get some pain while traveling but none of my usual forms of travel make it worse.
2. I get extra pain while traveling but it does not cause me to seek alternative forms of travel.
3. I get extra pain while traveling which causes me to seek alternate forms of travel.
4. Pain restricts all forms of travel except that done while lying down.
5. Pain restricts all forms of travel.

Social Life

0. My social life is normal and gives me no extra pain.
1. My social life is normal but increases the degree of pain.
2. Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g. dancing, etc.).
3. Pain has restricted my social life and I do not go out very often.
4. Pain has restricted my social life to my home.
5. I have hardly any social life because of the pain.

Changing degree of pain

0. My pain is rapidly getting better.
1. My pain fluctuates but overall is definitely getting better.
2. My pain seems to be getting better but improvement is slow.
3. My pain is neither getting better or worse.
4. My pain is gradually worsening.
5. My pain is rapidly worsening.

NOTICE OF PRIVACY PRACTICES

Sue Mulcahey, DC, LLC

This Notice of Privacy Practices ("Notice") describes how medical information about you may be used and disclosed, and how you can get access to this information. Please review it carefully.

Your Rights When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

Ask us to correct your medical record

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say "no" to your request, but we'll tell you why in writing within 60 days.

Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will say "yes" to all reasonable requests.

Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our operations. We are not required to agree to your request, and we may say "no" if it would affect your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information.

Get a list of those with whom we've shared information

- You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.
- **Get a copy of this privacy notice**
You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting our Privacy Official at 2711 W. Sixth Street, Lawrence, KS 785-832-9355.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/

We will not retaliate against you for filing a complaint.

We ask that you **exercise your rights in writing**. We offer forms and templates to help you exercise your privacy rights and to help us protect your health information.

Your Choices

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory. *If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety*

In these cases we never share your information unless you give us written permission:

- Marketing purposes
- Sale of your information
- Most sharing of psychotherapy notes

In the case of fundraising:

- We may contact you for fundraising efforts, but you can tell us not to contact you again.

NOTICE OF PRIVACY PRACTICES

Sue Mulcahey, DC, LLC

Our Uses and Disclosures

How do we typically use or share your health information? We typically use or share your health information in the following ways.

Treat you

We can use your health information and share it with other professionals who are treating you.

Example: A doctor treating you for an injury asks another doctor about your overall health condition.

Run our organization

We can use and share your health information to run our practice, improve your care, and contact you when necessary.

Example: We use health information about you to manage your treatment and services.

Bill for your services

We can use and share your health information to bill and get payment from health plans or other entities.

Example: We give information about you to your health insurance plan so it will pay for your services.

How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html

Help with public health and safety issues

We can share health information about you for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety

Do research

- We can use or share your information for health research.

Comply with the law

- We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

Respond to organ and tissue donation requests

- We can share health information about you with organ procurement organizations.

Work with a medical examiner or funeral director

- We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security, and presidential protective services

Respond to lawsuits and legal actions

- We can share health information about you in response to a court or administrative order, or in response to a subpoena.

Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html

Changes to the Terms of this Notice We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

This Notice of Privacy Practices is effective as of: October 1st, 2013

The Notice of Privacy Practices was last revised on 10/01/2013